

FOR IMMEDIATE RELEASE

## Dr. Keith Dobson of the University of Calgary to receive CPA Award for Distinguished Contributions to the International Advancement of Psychology

**Ottawa (June 6, 2017)** – The Canadian Psychological Association (CPA) is pleased to announce that Dr. Keith Dobson has won this year's CPA Award for Distinguished Contributions to the International Advancement of Psychology for his outstanding work to advance clinical psychology and cognitive behaviour therapy around the world.

This award is presented to a CPA member or Fellow who has made significant and enduring contributions to international cooperation and advancement of knowledge in psychology.

Dr. Dobson is a professor of psychology at the University of Calgary. He is also a former president of the CPA, a CPA Fellow, and a Founding Fellow at the Academy of Cognitive Therapy, one of the world's most prestigious psychotherapy organizations. Having published more than 200 peer-reviewed articles, 57 chapters, and 12 books, he is one of the most cited Canadian psychologists.

Over the course of his long and storied academic career, Dr. Dobson has proven himself a leading expert on cognitive behavioural models of depression. He has conducted research with colleagues in Egypt, Iran, and China; has been a visiting professor at five different universities on three different continents; has given workshops on cognitive therapy in 24 countries across the globe; has been a keynote speaker at a number of psychology conferences; and has been involved with a number of psychology associations and international congresses.

Dr. Dobson is an exemplary Canadian scientist and educator, and a true champion for effective evidence-based therapy for depression. His efforts to engage colleagues around the world and to promote cognitive behaviour therapy in countries where it is not well established continue to leave a lasting impression. Recently, he even had a clinic named after him in La Paz, Bolivia.

Dr. Dobson will receive his award at the CPA's National Convention, taking place at the Fairmont Royal York in Toronto, ON from June 8-10, 2017. The convention will be attended by nearly 1,800 researchers, practitioners, students, and policy makers from across the country and will feature presentations on a wide array of psychological topics.

## About the Canadian Psychological Association (CPA)

The Canadian Psychological Association (CPA) is the national association for the science, practice, and education of psychology in Canada. With approximately 7,000 members and affiliates, CPA is Canada's largest association for psychology. For more information, visit <u>www.cpa.ca.</u>

## Media at the Convention

Media are highly encouraged to attend. Registered press will have complimentary access to the convention. Badges are required of all convention participants for entry into sessions and must be worn at all times. For more information, please contact the CPA's communications coordinator or visit www.cpa.ca/mediarelations/pressatconvention.

## Press inquiries should be made to:

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